PAATHS – Providing Access to Addiction Treatment Hope and Support

Bureau of Recovery Services
A variety of treatment options exist for individuals seeking treatment for drugs and alcohol use.

Navigating this continuum, understanding the types of treatment available and appropriate level of care can be challenging.
Levels of care: types of services available

- Detox
- CSS
- TSS
- HWH
- Sober house

- Drug user health
- MAT
- Recovery support programs
- Outpatient counseling programs
What are common barriers for people seeking treatment?

- Co-occurring medical issues and SUD
- Co-occurring mental health and SUD
- Insurance coverage
- Medications
- Unstable housing/homelessness
- Program availability (no beds)
- Transportation
- Restriction from programs
Case scenario

- 31 yo SWM, homeless staying in shelter, presenting to PAATHS
- PP: help accessing post-detox services”
- DOC: Hx of heroin use 10 years, 2g IV daily
- 5 Ods in past 2 months
- Depression, bipolar – lithium
- Asthma, diabetes, high blood pressure – lost all medications for medical issues
- Current encounter: Pt was discharged from ATS yesterday to the street due to no bed availability at CSS/TSS
- No ID
- No PCP
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<th>Walk-in services</th>
<th>Coordinate treatment with medical and mental health providers</th>
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<td>Assessment, referral, case management, advocacy</td>
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<tr>
<td>Facilitate access to all levels of care</td>
<td>Information and resources to families and friends</td>
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<td>Remove barriers that hinder access to care</td>
<td>Community support/TA</td>
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<td>Hotline/ 311</td>
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Walk in visits
- 5,444 walk in visits
- 641 walk-in visits per month

Hotline (2016)
- 3,298 calls
- 392 calls per month

People placed in treatment:
- Over 1500 treatment placements

Services requested by levels of care: 50% detox, 35% CSS/TSS (post detox inpatient programs), 15% OPC/MAT

Number of new clients:
- Average 90 new clients every month
PAATHS walk-in hours:

- Monday: 7:30am—3:30pm
- Tuesday: 7:30am—3:30pm
- Wednesday: 7:30am—1:30pm
- Thursday: 7:30am—3:30pm
- Friday: 7:30am—3:30pm

774 Albany street, Boston MA 02118
(across from Boston Medical Center)

*** First come first served basis
*** Early registration highly encouraged

Hotline: 1-855-494-4057 or call 311 if in Boston
Patient is admitted into ER and needs detox. Provider calls detox facilities and there are no beds available.

Patient is admitted into ER/hospital after an overdose. Provider offers treatment but patient does not want to go to treatment.

Patient comes in with family and/or friends and family and friends are the ones asking for resources/information.
Discharge planning:

- Safety plan
  - Do you have a safety plan?
  - Where are you going to stay tonight? (if the option exists, always give patients the option to leave in the morning as opposed to evening or night)
  - Is there anyone you can or need to call?
  - Do you need me to call the shelter for you?

- Overdose prevention education
- Where to access services (e.g. AHOPE, PAATHS)

*** If patient is being referred to PAATHS please call us and let us know before he/she is discharged